

# **Lotus Blossom Wellness Energy Healing**

## **POLARITY THERAPY EDUCATIONAL TRAINING PROGRAM Associate Level 215 Hours 2011-2012**

**Moksha Sharon Kolman  
Registered Polarity Educator**

**Class Schedule:** Classes meet one weekend a month on Saturday and Sunday, 9am-6pm and possibly sometimes for 1/2 days during the week and clinic times. (Final schedule will be determined by enrolled participants)

**The course begins March 5, 2011.**

**Mar 5-6      General Balancing and Star Patterns**  
**Apr 9-10     Organizing Principals of Polarity Energetic Touch**  
**May 21-22   Understanding the 5 Elements**  
**Jun 11-12    Balancing the Chakras**  
**Jul 23-24    Balancing the Spine**  
**Aug 27-18   Foot Reflexes /Water Element**  
**Sep 24-25   Cavities and Ovals**  
**Oct 15-16   Perineal Technique**  
**Nov 12-13   Ether/Coccyx work**  
**Dec 3-4      Joints, Advanced Organizing Principles**  
**RPP Level courses:**  
**Jan 7-8      Deepening with the Elements**  
**Feb TBA      Balancing the Chakras/Clearing the fields (Adv)**  
**Mar TBA      Final Weekend and Graduation**

**Course fee: \$3900**

**Application Fee: \$50**

**Individual Weekends: \$330   16 hours**

**Most classes will be held at Health Touch  
3500 Westgate Dr. Suite 504E  
Durham NC 27707**

**For Information and registration:**

**Call Moksha at: 919-394-5406**

**E-mail: [mokshakolman@gmail.com](mailto:mokshakolman@gmail.com)**

**[www.lotusblossomwellness.com](http://www.lotusblossomwellness.com)**