

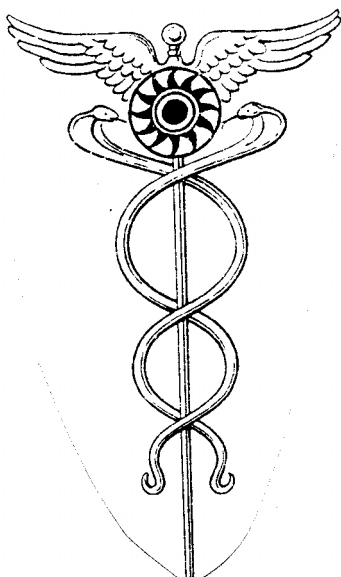
# Understanding the Five Elements In Polarity Therapy

November 21-22, 2009

9:00am-6:00pm

Course Fee \$320 Deposit \$160 16 CE Hours

Come explore the building blocks of our world and our bodies. To experience the elements as inner and outer manifestations we use:



**Movement and sound**

**Food and color**

**Inner journeying**

**Group sharing**

**Five element energetic touch**

We will address the elements in relation to harmonics and longlines in the energy body. We will learn to dance with the elements as they rise and fall during a treatment. Intuitive awareness and energy tracing skills will be enhanced and expanded.

It is helpful to have some prerequisite introductory polarity training before taking this course

Offered by:

Moksha Sharon Kolman, Registered Polarity Educator, Reiki Master, LMBT #204. Moksha has been practicing and teaching Polarity Therapy and other healing arts since 1984. Moksha practices and teaches at LOTUS BLOSSOM WELLNESS and HEALTH TOUCH in Durham,

To Register Call Moksha Sharon Kolman at  
LOTUS BLOSSOM WELLNESS 919-490-4656 ext. 6#

[www.lotusblossomwellness.com](http://www.lotusblossomwellness.com)

Lotus Blossom Wellness is approved by NCBTMB as a continuing education provider