



# REIKI

## EMPOWER YOURSELF WITH REIKI!

*Universal life force can flow through you from Source  
Bringing healing, vitality and wholeness.*

**REIKI** Natural Healing provides a Way to tap into universal healing energy from Source. It is an ancient simple method for recharging, realigning and moving into balance and wellness. **REIKI** is applied with the hands by an attuned practitioner and addresses all levels of well-being – physical, mental, emotional and spiritual. It is highly effective for reducing stress, tension and pain and for promoting specific healing. **REIKI** can help reveal your Self to you and bring you to wholeness and balance. Learning **REIKI** will help you heal and balance **YOURSELF** and others.

## MOKSHA SHARON KOLMAN, REIKI MASTER

“With Reiki there is always hope. As long as there is life and willingness to spend the time for treatments, there shall be help.... No matter how deeply the cause is buried, Reiki will reach and remove it.” – Mrs. Hawayo Takata, Grand Reiki Master

### First Degree Reiki

Cost \$195 (deposit \$100) 10 CE hours

July 15-17

TH&Fri-6-9pm & Sat 12:30-4:30pm

Also Sept 16,23,30 6-9pm & Nov 19-20

### Second Degree Reiki

Cost \$295 (deposit \$150) 10 CE Hours

June 3-5

Thursday- Saturday 6-9:20pm

Also Aug 14-15 and Oct 14,21,28

*Private instruction is also available*

**MOKSHA SHARON KOLMAN** has been growing and deepening with Reiki for over 25 years. She has taught Reiki in New Mexico and North Carolina since 1988. Moksha, also a Registered Polarity Educator and Practitioner and Licensed Massage Therapist (LMBT #204), practices and teaches at **Lotus Blossom Wellness and Health Touch** in Durham. Moksha is a traditional Reiki Master, honoring the teachings of the grandmasters of the Reiki lineage.

Lotus Blossom Wellness is approved by NCBTMB as a continuing education provider.

**[www.lotusblossomwellness.com](http://www.lotusblossomwellness.com)**

For information call Moksha Kolman at 919-384-5406  
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